

Important Information For Cataract Surgery Patients

Dear Patient,

This instruction sheet contains valuable information about the medications you must take before and after your cataract surgery. Be sure to keep this information handy – place it near the fridge or medicine cabinet.

Surgery Date: _____

Start eye Drops: _____

- **If you take glaucoma drops, please do not stop taking these before or after surgery.**
- **Please inform our office if you are placed on medication for prostate – urinary flow problems as you will need to be off these at least 14 days prior to surgery.**
- **Do not take Aspirin up to 5 days prior to surgery.**



PROLENSA
(Grey Lid)



VIGAMOX
(Beige Lid)



LOTEMAX
(Pink Lid)

BEFORE SURGERY

Beginning **two (2) days** before your surgery, in the eye that is scheduled for surgery:

Instill **one (1) drop of PROLENSA one (1) time per day**, along with **one (1) drop of VIGAMOX and one (1) drop of LOTEMAX (4) times per day.**

Please use these three drops the morning of your surgery as well.

REMINDER: when using two or more eye medications, always wait about 5 minutes after instilling the first medication before instilling the next one.

AFTER SURGERY

- Instill **one (1) drop of PROLENSA one (1) time per day**, **one (1) drop of VIGAMOX and one (1) drop of LOTEMAX four (4) times a day** until bottles are finished.

If you have any additional questions or concerns, please call our office and ask to speak with Karen at the number indicated below.

DR. R. PIEMONTESE INC.

OFFICE: 250-753-8415 / Karen: 250-753-3377

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POST OPERATIVE CARE

- Do NOT use your eye drops following surgery until your patch is removed in Dr. Piemontesi's office, unless instructed otherwise by Dr. Piemontesi. Please bring your drops with you for your first post-operative appointment.
- Wear your eye shield at night only for one week with nothing underneath it.
- DO NOT rub or bump your eye.
- Continue with your eye drops as per Dr. Piemontesi's instructions.
- Avoid dusty environments and swimming for 6 weeks. It is safe to wash your hair but avoid getting soap in your eye.
- You may experience a slight ache in your operated eye or a headache. Tylenol with or without codeine should help relieve this discomfort. NO Aspirin for 24 hours after surgery.
- You may walk, watch TV, read, knit... any activities that do not require heavy lifting (>10pounds)
- You may golf and return to routine exercise 3 weeks after surgery.
- DO NOT DRIVE until you are advised it is permissible.
- DO NOT WEAR MAKEUP for 6 weeks.

Call DR. PIEMONTESI IMMEDIATELY IF:

- You have increased PAIN, REDNESS, SWELLING OR DISCHARGE.
- You experience a sudden decrease in your vision

OFFICE: 250-753-8415 HOME: 250-756-2666 HOSPITAL: 250-755-7691